

Crunchy Caterpillar

Modelling Dough Recipe

You will need:

2 cups plain flour

½ cup salt

2 tbsp cream of tartar

2 tbsp vegetable oil

Yellow or green food colouring (if you are creating this dough for older learners, who will not put dough in their mouths, 1 tbsp of yellow or green powder paint could be added instead of food colouring to give the dough a sharper and deeper shade of colour)

1 cup boiling water

Crunchy cornflakes

Couscous

Optional: A few drops of glycerine (to give the dough some extra shine)

Optional: Additional caterpillar decorations (for younger learners, you may like to use large pom-poms and colourful craft sticks or, for older learners, you could use pipe cleaners, bottle tops, smaller pom-poms and small coloured craft sticks)



Method

1. Mix together the flour, salt, cream of tartar and oil in a large mixing bowl. If you would like your dough to have a little extra shine, then add the glycerine as well.
2. Add some drops of yellow or green food colouring to one cup of boiling water. If you would like your dough a deeper shade of yellow/green, add more drops. Alternatively, if you are creating this dough for older learners (who will not put the dough in their mouths), add the yellow/green powder paint instead.
3. Add the water gradually to the other ingredients in the large bowl.
4. Stir the mixture well until it is combined together.
5. Once you feel it has cooled enough, place it on a flat surface and knead until the dough is smooth and stretchy.
6. Add a spoonful of the couscous and crunchy cornflakes to your bowl, then roll and knead the dough through the crunchy mixture. Continue to add couscous and cornflakes until you have created a textured, crunchy consistency.
7. The Crunchy Caterpillar Modelling Dough is now ready for learners to discover, manipulate and play with. You may like to add some items to the dough to make a caterpillar, please see the suggested items for use with younger and older learners.

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